ALLERGEN & NUTRITION INFORMATION

VERSION NUMBER: 12 **VERSION DATE: 08/10/2026**

This guide provides information on the 14 allergens currently recognised by the Food Standards Agency. While we take appropriate precautions to minimise the risk of cross-contamination, our products are prepared and baked in an environment where other allergens may be present. If you require further information about allergens, please speak to a member of our in-store team, who will be happy to assist you. For packaged products that are not prepared or handled in-store, allergen information is available in this guide and is also clearly displayed on the product packaging. For branded products, allergen details can be found on both the product packaging and the shelf-edge labels. Please note that we continually review and improve our products, and ingredients may change from time to time. We therefore recommend that you always check the product packaging carefully before consumption. Although we regularly update allergen information across our website and digital channels, this information is provided as a guide only and should not be relied upon as the sole source of allergen information.

			ALLERGENS & DIETARY INFORMATION																					NUTRITION INFORMATION																	
																								Per 100g									Per Serving								
Contents Key: ✓ - Product Contain M - May Contain T - Suitable For	PRODUCT CODE & LABEL VERSION NUMBER	NEW RECIPE	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphites	Mustard	Molluscs	Lupin	Vegan	Vegetarian	Gluten Free	Energy (kcal)	Energy (kJ)	Fat (g)	of which Saturates (g)	Available Carbohydrate (g)	of which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Energy (kcal)	Energy (kJ)	Fat (g)	of which Saturates (g)	Available Carbohydrate (g)	of which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
PASTIES																																									
Traditional Cornish Pasty - Medium	675320 V2		✓								M	✓											313	1302	20.6	9.6	24.0	0.8	1.8	6.7	1.07	798	3320	52.5	24.5	61.2	2.0	4.6	17.1	2.73
Cheese & Onion Pasty (V) - Medium	679820 V3		✓								✓										T		288	1206	15.5	8.6	32.3	1.2	2.2	6.1	1.03	735	3076	39.5	21.9	82.4	3.1	5.6	15.6	2.63
Chicken, Bacon & Leek Pasty - Medium	676720 V4		✓								✓	M											276	1159	13.5	7.2	26.0	1.0	1.7	7.4	0.87	704	2955	34.4	18.4	66.3	2.6	4.3	18.9	2.22
Vegan Steakless Pasty (VE) - Medium	665201 V2		✓								M	M								T	T		245	1026	12.4	6.0	26.8	1.8	2.0	6.0	1.04	617	2586	31.2	15.1	67.5	4.5	5.0	15.1	2.62
Steak & Guinness Pasty - Medium	680220 V1		✓		✓						✓												265	1109	13.4	7.0	31.0	1.6	1.9	5.7	1.06	675	2828	34.1	17.9	56.0	4.0	4.8	14.6	2.70
Lamb & Mint Pasty - Medium	679720		✓								✓												272	1140	14.8	7.8	29.9	1.7	2.1	6.0	1.04	702	2941	38.2	20.1	77.1	4.4	5.4	15.5	2.68
Beanz & Cheese Pasty (V)	686130 V1		✓								✓				✓						T		306	1279	17.1	9.6	31.5	2.6	2.2	7.7	0.97	544	2277	30.4	17.1	56.0	4.6	3.9	13.7	1.72
Traditional Cornish Pasty - Large	675215 V3		✓								M	✓											315	1314	20.7	9.7	24.5	0.8	1.8	6.7	1.07	909	4126	65.0	30.5	76.9	2.5	5.7	21.0	3.36
Cheese & Onion Pasty (V) - Large	679930 V3		✓								✓										T		293	1226	15.8	8.7	32.9	1.2	2.0	6.0	1.03	923	3862	49.8	27.4	103.6	3.8	6.3	18.9	3.25
Steak & Tribute Ale Pasty - Large	667001 V1	While stocks last	✓		✓						✓	M											270	1129	14.8	7.1	29.0	2.0	1.5	6.0	0.95	841	3516	46.1	22.1	90.3	6.2	4.7	18.6	2.95
Spicy Chilli Beef Pasty - Large	664201 V2		✓								✓	M											279	1162	15.7	7.3	22.8	1.2	2.1	8.9	0.88	879	3660	49.5	23.0	71.8	3.8	6.6	28.0	2.77
Traditional Cornish Pasty - XL	682922		✓								✓												278	1166	15.0	7.7	30.8	1.3	2.1	6.4	1.01	1053	4408	56.6	29.0	116.3	5.0	8.0	24.1	3.83
Cheese & Onion Pasty (V) - XL	683022		✓								✓										T		289	1209	15.5	8.6	32.3	1.2	2.2	6.1	1.06	1091	4569	58.7	32.6	122.3	4.5	8.2	22.9	4.02
SAUSAGE ROLL, BAKES & TURNOVERS																																									
Large Sausage Roll	661201 V3		✓		✓						✓	M											347	1449	22.8	10.1	26.9	0.3	1.7	6.4	1.52	562	2347	36.9	16.4	43.6	0.5	2.8	10.4	2.46
Cheese & Bacon Turnover	681340 V2		✓								✓	✓											318	1343	19.4	9.6	27.5	0.6	1.3	8.7	1.28	398	1679	24.3	12.0	34.4	1.3	1.6	10.9	1.60
Cheese & Onion Bake (V)	683240 V1		✓								✓	✓				✓					T		298	1245	16.8	8.7	27.3	2.2	2.1	8.4	0.90	424	1760	23.9	12.4	38.8	3.1	3.0	11.9	1.28
Steak Bake	683340 V2		✓		✓						✓	M											319	1328	20.9	9.7	24.7	0.7	1.6	7.8	0.80	440	1832	28.8	13.4	34.1	1.0	2.2	10.8	1.10
Chicken Bake	683440 V1		✓								✓	✓											262	1095	12.8	6.1	24.6	1.0	1.6	11.2	1.00	361	1508	17.6	8.4	33.9	1.4	2.2	15.4	1.38
Guinness Sausage Roll	680550 V2	New	✓		✓						✓												320	1340	19.3	9.2	29.5	0.8	1.4	8.3	0.96	403	1698	24.3	11.6	37.2	1.0	1.8	10.5	1.21
Chunky Guinness Sausage Roll	680430 V2	New	✓		✓						✓												300	1253	18.5	8.5	25.2	0.9	1.2	9.0	1.05	492	2055	30.3	13.9	41.4	1.5	1.9	14.8	1.73
4 x Medium Sausage Rolls	690060 V1	New	✓								✓	M											270	1132	14.3	7.1	26.5	0.3	1.3	9.9	1.30	268	1121	14.2	7.0	26.2	0.3	1.3	9.8	1.29
WRAPS																																									
All Day Breakfast Wrap	677118 V2	While stocks last	✓				M			M	✓	✓			✓	✓							251	1050	10.6	4.5	27.5	2.6	2.7	10.1	0.74	509	2133	21.5	9.1	55.8	5.4	5.5	20.5	1.50
Southern Fried Chicken Wrap	677218 V1	While stocks last	✓				M			M	✓												279	1171	10.8	5.2	31.6	6.8	2.2	12.4	1.32	598	2436	22.5	10.8	65.8	14.2	4.5	25.8	2.74
Breakfast Wrap (NEW)	687030 V1	New Recipe	✓								✓	✓				✓							246	1035	9.7	3.2	28.6	2.6	1.6	9.5	1.07	583	2130	19.8	6.5	58.3	5.2	3.2	19.5	2.38
Southern Fried Chicken Wrap (NEW)	686330 V1	New Recipe	✓								✓	M											267	1122	9.5	3.6	32.3	6.0	0.9	11.7	1.09	532	2233	19.9	7.1	64.2	12.0	1.9	23.2	2.16
Pepperoni Pizza Wrap	690224 V1	New	✓								✓	M											282	1186	13.3	6.3	25.9	2.5	0.9	13.4	1.03	550	2312	25.9	12.4	50.4	5.0	1.8	26.0	2.00
PASTIES & PASTRIES - PREPACKED BAKE IN BAG																																									
Traditional Cornish Pasty Medium (Bake In Bag)	680920 V2		✓								M	✓											313	1302	20.6	9.6	24.0	0.8	1.8	6.7	1.07	798	3320	52.5	24.5	61.2	2.0	4.6	17.1	2.73
Chicken, Bacon & Leek Pasty - Medium (Bake in Bag)	689920 V1		✓								✓	M											276	1159	13.5	7.2	26.0	1.0	1.7	7.4	0.87	704	2955	34.4	18.4	66.3	2.6	4.3	18.9	2.22
Cheese & Onion Pasty Medium (V) (Bake In Bag)	680720 V2		✓								✓	✓				✓					T		285	1190	16.4	8.4	25.6	2.1	1.7	6.9	1.12	727	3035	41.8	21.4	65.3	5.4	4.3	17.6	2.86
Large Sausage Roll (Bake In Bag)	681130 V3		✓		✓						✓	M											347	1449	22.8	10.1	26.9	0.3	1.7	6.4	1.52	562	2347	36.9	16.4	43.6	0.5	2.8	10.4	2.46
Vegan Spicy Chickpea Roll (VE) (Bake In Bag)	680835 V1	While stocks last	✓								M	M								T	T		253	1058	13.5	6.3	26.6	2.0	2.6	4.9	0.96	354	1481	18.9	8.8	37.7	2.8	3.6	6.8	1.30
Cheese & Bacon Turnover (Bake In Bag)	689624 V1		✓								✓	✓											318	1343	19.4	9.6	27.5	0.6	1.3	8.7	1.28	398	1679	24.3	12.0	34.4	1.3	1.6	10.9	1.60
Chicken Tikka Pasty (Bake in Bag)	689720 V1		✓								✓	M											257	1071	12.3	6.7	24.4	1.1	1.6	9.0	0.64	655	2731	33.9	17.1	62.2	2.8	4.1	23.0	1.63
Bacon Roll (Bake In Bag)	686427 V1		✓								✓	M											301	1261	12.7	4.1	30.0	3.5	2.3	16.0	1.60	388	1627	16.4	5.3	38.7	4.5	3.0	20.6	2.00
Breakfast Sausage Roll (Bake In Bag)	686527 V1		✓								✓	M				✓							280	1175	11.8	3.9	33.0	3.4	2.1	9.7	1.20	423	1774	17.8	5.9	49.8	5.1	3.2	14.6	1.80
Steak Bake (Bake in Bag)	689825 V1		✓		✓						✓	M											319	1328	20.9	9.7	24.7	0.7	1.6	7.8	0.80	440	1832	28.8	13.4	34.1	1.0	2.2	10.8	1.10
Vegan Steakless Pasty (VE) (Bake in Bag)	690120 V1		✓								M	M								T	T		245	1026	12.4	6.0	26.8	1.8	2.0	6.0	1.04	617	2586	31.2	15.1	67.5	4.5	5.0	15.1	2.62
BREAKFAST ROLLS & BURGERS																																									
Bacon Roll	022445 V4		✓	M	M	M																	230	970	7.0	2.6	29.8	1.5	1.5	11.8	2.00	281	1183	8.5	3.1	36.3	1.9	1.8	14.4	2.44
Cumberland Sausage Roll	022446 V4		✓	M	M	M	✓								✓								282	1180	15.2	5.5	24.4	2.3	1.6	11.2	1.36	570	2383	30.6	11.2	49.3	4.6	3.2	22.7	2.74
Cumberland Sausage & Bacon Roll	022447 V4		✓	M	M	M	✓								✓								258	1079	14.5	5.3	18.9	1.9	1.3	12.6	1.73	677	2828	37.9	13.9	49.6	4.9	3.5	33	4.53
Cumberland Sausage, Bacon & Egg Omelette Roll	291324 V8		✓	M	M	M	✓				✓	✓			✓								251	1046	14.5	5.0	17.8	2.0	1.2	11.6	1.40	707	2951	40.8	14.0	50.3	5.6	3.4	32.8	3.94
Breakfast Stack (Cumberland Sausage, Bacon & Egg Omelette)	291324 V8		✓	M	M	M	✓				✓	✓			✓								251	1046	14.5	5.0	17.8	2.0	1.2	11.6	1.40	707	2951	40.8	14.0	50.3	5.6	3.4	32.8	3.94
Omelette & Cheese Roll (V) (Shop N' Drive Only)	230925 V2		✓	M	M	M					✓	✓									T		262	1098	11.6	5.0	27.5	1.8	1.2	11.0	1.00	351	1472	15.6	6.8	36.9	2.4	1.6	14.7	1.34
Chicken Stack with Bacon	300925 V2		✓	M	M	M					✓					✓							229	961	8.8	2.8	21.4	0.7	0.7	15.8	1.18	535	2249	20.6	6.6	50.0	1.7	1.6	36.9	2.76
Chicken Goujon Burger	051025 V2		✓	M	M	M					✓					✓							213	900	5.0	0.2	27.4	0.9	0.8	14.3	0.80	388	1638	9.2	0.4	49.8	1.6	1.5	26.0	1.45
SNACKS																																									
Chicken Goujons (3 per portion)	021025 V1		✓								✓					✓							178	750	6.6	0.0	11.5	0.0	0.0	18.3	0.68	320	1350	11.9	0.0	20.7	0.0	0.0	32.9	1.22
Potato Tots (VE) (21 per portion)	260925 V2																			T	T		153	641	7.5	0.8	18.0	0.5	2.3	2.0	0.60	321	1346	15.8	1.7	37.8	1.1	4.8	4.2	1.26
Chicken Goujons & Potato Tots Box	011125 V1		✓								✓					✓							166	698	7.0	0.4	14.6	0.2	1.1	10.5	0.64	382	1605	16.2	0.9	33.6	0.6	2.5	24.2	1.48
BBQ Chicken Goujons	010626 V1	New	✓								✓					✓							189	799	4.3	0.0	24.7	15.6	0.2	12.2	0.93	349	1470	8.0	0.0	45.8	28.9	0.4	22.5	1.73
Katsu Chicken Goujons & Rice	021026 V1	New	✓				✓				✓					✓							158	664	5.4	0.8	19.6	4.2	1.1	7.0	0.70	592	2491	20.3	8.0	73.4	15.6	4.1	26.4	2.64
Cheesy Beans & Tots (V)	030826 V1	New									✓										T		122	518	4.7	0.9	9.0	2.5	2.8	3.7	0.63	511	2141	19.6	3.9	37.8	10.7	11.8	15.5	2.64
CHRISTMAS 26																																									
Festive Pasty	691320 V1	NEW/LTO	✓								✓												278	1167	12.9	6.0	34.7	3.7	2.2	7.3	1.32	709	2976	32.9	17.4	88.5	9.3	5.6	18.6	3.26
Apple & Cinnamon Pasty	691460 V1	NEW/LTO	✓												✓					✓	✓		262	1097	11.3	6.0	38.2	11.3	2.3	2.9	0.30	332	1394	14.4	7.7	48.5	14.3	2.9	3.7	0.38
7 x Pigs In Blankets with Cranberry Sauce	190826 V1	NEW/LTO	✓												✓								206	864	10.8	4.2	15.1	7.9	0.7	12.3	1.95	279	1166	14.5	5.7	20.4	10.6	0.9	16.6	2.63
Festive Chicken Burger	180826 V1	NEW/LTO	✓	M	M	M					✓					✓							238	1001	9.0	3.6	26.7	4.6	1.1	12.1	1.06	667	2807	25.3	10.1	74.9	13.0	3.0	33.8	2.97
5 x Pigs in Blankets	680504 V3	NEW/LTO	✓												✓								222	926	13.7	5.4	8.9	0.7	0.5	15.7	2.50	167	695	10.3	4.1	6.7	0.5	0.4	11.8	1.88
7x Pigs in Blankets	021026 V1	NEW/LTO	✓												✓								222	926	13.7	5.4	8.9	0.7	0.5	15.7	2.50	233	972	14.4	5.7	9.3	0.7	0.5	16.5	2.63